



City of Burnsville

100 Civic Center Parkway, Burnsville, MN 55337

Phone: 952-895-4400

Fax: 952-895-4404

www.burnsville.org

FOR IMMEDIATE RELEASE

May 1, 2015

Contact:

Amber Jacobson
Community Services
952-895-4575

SENIOR HEALTH & FITNESS DAY MAY 28

Burnsville residents 62+ are invited to take part in Burnsville's Fifth Annual Senior Health & Fitness Day. Participants will be able to take part in an active, educational and entertaining day that will include a walk/roll through the park, fitness demonstrations, nutrition information and lunch.

What: Senior Health & Fitness Day
Who: Burnsville Residents 62+
When: Thursday, May 28 | 9 a.m. – 1 p.m.
Where: Nicollet Commons Park | 12550 Nicollet Ave.
Cost: **\$5 (snacks and lunch included)

****Please note that in honor of the event's fifth anniversary, all participants' \$5 registration fee will be refunded at the door!**

Registration is due by Thursday, May 21 by calling 952-707-4120 or visiting www.communityed191.org. Registration is also available at www.burnsville.org/recreation, click "Online Registration" on the left. For more information contact Amber Jacobson at 952-895-4575.

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